The Result Of Kindness

Kindness, well where should I start? There are a million things I can say about kindness. For example, kindness can make someone’s day by making them feel good about themselves and it also makes you feel like you have a purpose. These facts tell me that kindness is important.

First, I will start off with what kindness really means. Kindness is something you shouldn’t be told to do and it is always up to you if you want to show it. This is something you do from the bottom of your heart. It means showing affection towards another person and making their day maybe even their week. Showing kindness to others can also affect you by making you feel joyful since you know that you’re making someone else happy.

Second, now I will talk about how it not only affects someone else when you show an act of kindness, but how it also affects you. When you see someone sitting by themselves, walking by themselves, or even just seeing someone in the hallway, you don’t know what they are going through. They could be going through a hard time, however if you show them kindness you might just be able to make their whole day. Being kind to others will affect them in a positive way and it will definitely give you a sense of purpose. When you show someone an act of kindness and you know you’ve just made them happy, it will give you the satisfaction of knowing that you may have changed someone’s frame of mind.

Next, I will explain to you my act of kindness and how I have impacted two different people. My act of kindness not only affected them, but me as well. The first person’s day I made was a homeless man. The act of kindness I showed him was when I saw him outside of the restaurant where me and my parents were eating dinner. He was holding up a sign that said, “Please give me food.” He seemed like a really nice person. After my parents and I had dinner, I asked my mom if we could buy a musubi for the homeless man. They said yes and I gave the
musubi to him. He looked so happy. When I showed the act of kindness towards him, it affected me and him because it made him happy because he was glad someone cared to give him food and me happy because I was glad to see I made someone's day. The second person's day I made was very simple, the act of kindness I showed was to a boy in my grade. I saw him sitting by himself in the hallway so when I passed by him I said hi to him, he smiled and waved back at me. It affected me and him because I made him smile and he made me smile when he said hi back to me.

Kindness is the most important thing because it makes the world a better place. An example is when Mr. Ching donated all his money to charity as an act of kindness. This inspires me because he made a big difference and helped people in need which I hope to do in the future. I hope after reading this you will be encouraged to also show an act of kindness.