Acts of Kindness

Being kind is an important quality to have, and is a useful tool in life. When you’re kind people want to be around you. This can make you happy too. Kindness is more than just a smile or a kind gesture. It’s a way of thinking. Kindness can be as minute as making someone laugh when they’re down. Small acts and gestures are also considered kindness. That’s what’s so great about kindness. It can come in the smallest of forms and still be powerful. As you read this essay, I hope that you learn more about kindness and the effect it has on people. I also hope that you learn a thing or two from my personal experiences.

Kindness is never not an option, but sometimes people choose the opposite of kindness. When that happens, people who are witnessing can help, but don’t always choose to. But when people do choose to help, it can make a bigger difference than one knows. Sometimes people forget how badly they feel when people are unkind to them. Some people decide not to help when they witness others being unkind. I have seen both small and large gestures of kindness. All acts of kindness are important because they make the world a better place.

I have seen various acts of kindness. One example is when people pay for a stranger’s drink at Starbucks. Or when someone help a person who dropped their bags. One of the biggest acts of kindness that I’ve seen happens annually in Lakeside, California. At Thanksgiving one of the local motorcycle clubs donates an entire turkey dinner to 25-50 military families. This same group also spends the year collecting money and toys throughout the year. In December they bring Santa and ride their motorcycles into our military housing. They allow the children to take photos with Santa and pick out a new toy. They spend time and money to bring happiness to
military children. It's heartwarming to see people doing good deeds for children they have never met.

At my previous school we were scheduled to take a test. A few of our classmates had forgotten their bags in another classmate's car after a sleepover. One of my classmates offered them pencils and erasers for the test. They promised they would give the items back, but my classmate had said something along the lines of, "You don't have to give them back, because I have more." In that class, when you did something good, or had been good for a while, your clip on the rainbow trail would move up. If your clip was on pink by the end of the day, you would get a lollipop. My classmate's clip automatically got moved to pink for her good deed. That's a reminder that anyone can do a good thing, no matter their age, or size. It is also a reminder that what you put into the world, whether kindness or meanness is going to come back to you. Every time someone's kind, more kindness is in the world. That is a great thing, and it's amazing how a little kindness can make such a difference.

After reading this essay, I hope that you learned more about kindness, and the effect it can have on the world. I truly think that we can all be kind, and that the kindness we put into the world can come back to us. Every single person in this world is capable of kindness. Kindness is a tool, and you should use it. It can brighten days and boost moods. It's a wonderful way to think and be. So the next time you're faced with the kind path, or the easy path, I hope that you choose the kind path, because later that kindness is going to come back to you, and you will also feel good knowing you did the right thing.