Acts of Kindness

Kindness has many meanings: it could be friendly, generous, considerate, and helpful. Any small act can be kind. Even if it’s picking up a piece of trash. Acts and deeds that help people are considered kind. Kindness can also make a difference.

Being friendly is a good act of kindness. Accepting other people to join you and your friends helps communication skills expand. Making new friends is so wonderful. Being friendly can make you feel better because you make others feel better. People who are friendly interact with others in a nice and pleasant way. If you are trying to become more friendly, I would suggest doing these things: smiling, complementing, and showing respect. Are you a friendly person?

Generosity is another example of kindness. Generosity means to give more of something. For example, giving money, clothes, and food to others who need it. A generous person goes out of their way to help others. Donating to charities is an act of generosity. Money being given to charities helps other people in need. For example, money being given to St. Jude Hospital helps kids with cancer overcome it. Another example is old clothes that are given to thrift shops and charity organizations. It helps the less fortunate people who can’t afford luxurious clothes. I try to be generous when I see people in need. Most homeless people struggle with finding food to eat. One day, I tried to help by giving a homeless person a musubi. There was a man sitting down by the 7-Eleven store, asking people if they could buy him a drink or some food. So when I went inside I bought an extra musubi and I gave it to him. How have you shown generosity?

Being considerate is a great way to show kindness. Being aware of others' feelings can make a positive impact on our community. A considerate person is polite and caring. To be more
of a considerate person you must think about how others feel. One of the easiest ways that I try to be considerate is by cleaning up after myself. It is very inconsiderate to leave an area in a worse condition than you found it. By cleaning up after myself, I am being considerate of other people.

Being helpful is being kind. There are many ways to be helpful. For example, chores. Doing chores around the house helps out your parents. Kids aren’t appreciative of their parents. Parents work all day to make sure we have everything we need. Yet us kids don’t realize how special our parents are and how much they have done for us. As an act of kindness I suggest that kids all around the world should help around the house because our parents do a lot for us. Also they make many sacrifices to make sure that we have everything we need. How are you gonna be helpful?

As you can see, kindness has many meanings. To me, the ones that I mentioned are the most important ones. To be kind, you have to actually choose to do something. Being kind is a choice. I hope you learned new ways to be kind and to show kindness. How will you show kindness?