Speak Up For One Another

Approximately 160,000 teens have skipped school due to bullying. Ten to fourteen-year-old girls may be at a higher risk to committing suicide when being bullied. I hope I can inspire you to be kind people and to stand up for one another. Towards the ending of my sixth grade year, a girl in my class was constantly getting bullied. Would you speak up for a bullied victim and possibly risk losing some friends? Or would you stay quiet and not do anything about it? Well, I took the first option and stood up for her. I’d like to explain how my act of kindness made me view the world differently, how this act of kindness impacted my classmate, and why bullying needs to stop.

The bullying of my classmate first began with little things like saying she smelled, or teasing her about foolish nonsense. But one day it got really bad and two bullies joined forces to verbally attack her. She looked like she was about to cry. Everyone was silent, but I couldn’t take it anymore. I did what I thought was right and stood up for her. My act of kindness really made me view the world differently. It made me realize that there are so many people in society who witness bullying, but they don’t say anything. I learned that we need more people who aren’t afraid to stand up for each other. We need to be the voice for those who cannot or are afraid to speak up for themselves.

Did my act of kindness impact my classmate? Of course it did! When I talked to her after the bullying occurred, she shared that she, “always felt as if she was in a blue bubble and would cry a lot.” Another time we talked I remember her saying that after I stood up for her, she felt glad and relieved to see that someone cared about her and the situation. She said that she would always appreciate me for what I had done for her. Well, needless to say, after my good deed, the bullies eventually stopped bothering her and the school year ended on a good note.
Bullying needs to stop. It’s a worldwide problem, not just a local problem, which can lead to physical injury, social and emotional stress, plus self-harm. Everyday kids drop out of school due to bullying. Not only physical bullying, but cyber bullying as well. Just imagine being the reason someone gives up on themselves because of something you did or said. It makes me really wonder why people are so cruel. The society needs more individuals who aren’t afraid to stand up for each other. We need to put an end to bullies and bullying because you don’t know how the situation will affect the victim socially, emotionally, and mentally.

Once people hear about how my act of kindness made me view the world differently, how a good deed impacted my classmate, and why bullying needs to stop, I hope that more and more people will start to be encouraged by my brave actions. My goal is to help inspire you to be kinder to one another and to be encouraged to speak up for those who cannot despite all your differences. I hope to help lower the number of students who skip school due to bullying. I want to be the difference that their tomorrows shine brighter than today! A community cannot become better until one person is brave enough to take that first step.