Teaching Kids How to Play Different Sports

Since I was young, I wanted to be the kid who was good at all sports, the person the captains would pick to be on their team first. I would get so tense and nervous when teams were being picked because I didn't want to be the last person chosen. Sadly, many kids still go through this today. Thankfully, my friends and I have a solution. One act of kindness that we started doing is teaching kids in our neighborhood how to play different sports. We started doing this act of kindness recently and it has reaped many benefits for all involved. Let's look at how these youngsters have been affected and how it started, how it has made me feel and how this act of kindness makes an impact on our community in Hawaii.

These youngsters have been affected so much just based on this act of kindness. It all started one summer afternoon when my friends and I were playing volleyball on the street. My friend shanked the ball and made a run for her ball. She then saw a little boy trying to shoot a basketball and came running up to tell us. We all went to the little boy and tried to help him. In an hour, he was shooting the ball into the hoop. We also taught him how to dribble and how to pass. After two hours, he was getting pretty good. We started to train him every day and told more kids what we were doing. More and more kids started to show up each day. This good deed introduces kids to many new sports and shows them what sports they do and don't like, which can lead them to playing for outside leagues. This starts their love for sports.

Well, doing this act makes me feel amazing. I love helping these kids learn new sports. It's like I am helping them while I'm getting better at the same time. My main sport is volleyball so I would show them how to pass correctly and I would get more reps
too! As I have said before, this act helps kids start a love for sports. My friends and I have started many kids' love for sports, like basketball and volleyball. It feels amazing when they come to tell us that they did well in practices, games, or even tournaments. They share with us what they did well in and what they did badly in, and we would help them with everything they did poorly at so they can learn and correct their mistakes.

Our one act of kindness makes a big impact on our community in Hawaii. Many people here love to watch sports, from football, to volleyball, to basketball, to softball, etc. According to scholarshipstats.com, only about 7% of high school athletes go to play a sport in college and less than 2% play Division 1 sports. That's insane! We love to see local kids represent the islands in the big leagues, like Marcus Mariota and Tua Tagovailoa. Wouldn't you want to see more kids represent our islands in the future? I would love to see this because I want to be one of these athletes. It would be crazy to say that you are from a small island and made it that far. This one act of kindness that my friends and I perform in the neighborhood is the first step in helping get more confidence in their skills in order to one day make it to the big leagues. This is the reason why this one act makes a big impact on our community.

Clarence T.C. Ching has inspired many people, including myself, to do more acts of kindness. I have talked about how these youngsters have been affected by this act and how it started, how this act has made me feel, and how this act of kindness makes an impact on our community in Hawaii. Doing one act of kindness can help our community a lot, even if it's a small one. I think that we should do more acts of kindness to honor Mr. Ching's legacy. My group of friends and my little deed may have been small, but it is just the beginning of many more acts of kindness that we will be doing.